

SHIP -- STATE HEALTH INSURANCE ASSISTANCE PROGRAM

Can answer my questions about:

- Medigap policies, long-term care insurance, Medicare health plan choices, Medicare rights and protections, and help with filing an appeal.

State	Agency Name	Toll-Free Number	Local Number	Español Teléfono
Alabama	<u>Alabama Department of Senior Services</u>	1-800-243-5463 1-800-AGELINE	1-334-242-5743 1-334-242-0995 (TTY)	
Alaska	<u>Alaska SeniorCare/Medicare Information and Referral Office</u>	1-800-478-6065 In-State Calls Only	1-907-269-3680 1-907-269-3691 (TTY)	
Arizona	<u>Arizona State Health Insurance Assistance Program</u>	1-800-432-4040	1-602-542-6366 (TTY)	
Arkansas	<u>State Health Insurance Assistance Program of Arkansas</u>	1-800-224-6330	1-501-371-2782	
California	<u>Health Insurance Counseling and Advocacy Program (HICAP) of California (SHIP)</u>	1-800-434-0222 In-State Calls Only		
Colorado	<u>Colorado State Health Insurance Assistance Program</u>	1-888-696-7213	1-303-894-2964 1-303-894-7880 (TTY)	1-866-665-9668
Connecticut	<u>CHOICES</u>	1-800-994-9422 In-State Calls Only	1-860-424-5862 1-860-842-5424 (TTY)	
Delaware	<u>ELDERinfo</u>	1-800-336-9500 In-State Calls Only	1-302-739-6266	
Florida	<u>SHINE (Serving Health Insurance Needs of Elders)</u>	1-800-963-5337	1-850-414-2060 1-850-414-2001 (TTY)	
Georgia	<u>GeorgiaCares</u>	1-800-669-8387	1-404-657-5334	

Guam	<u>Department of Public Health and Social Services</u>		1-671-735-7382	
Hawaii	<u>PLUS</u>	1-888-875-9229	1-808-586-7299	
Idaho	<u>Senior Health Insurance Benefits Advisors of Idaho (SHIBA)</u>	1-800-247-4422 In-State Calls Only		
Illinois	<u>Senior Health Insurance Program of Illinois (SHIP)</u>	1-800-548-9034 In-State Calls Only	1-217-785-9021 1-217-524-4872 (TTY)	
Indiana	<u>Indiana Senior Health Insurance Information Program (SHIP)</u>	1-800-452-4800		
Iowa	<u>Senior Health Insurance Information Program of Iowa (SHIP)</u>	1-800-351-4664	1-515-281-5705	
Kansas	<u>Senior Health Insurance Counseling for Kansas (SHICK)</u>	1-800-860-5260	1-316-337-7386	
Kentucky	<u>Kentucky State Health Insurance Assistance Program</u>	1-877-293-7447		
Louisiana	<u>Louisiana Senior Health Insurance Information Program (SHIP)</u>	1-800-259-5301 In-State Calls Only	1-225-342-5301	
Maine	<u>Maine State Health Insurance Assistance Program (SHIP)</u>	1-877-353-3771 In-State Calls Only	1-207-621-0087	
Maryland	<u>Maryland Senior Health Insurance Assistance Program</u>	1-800-243-3425 In-State Calls Only	1-410-767-1100 1-410-767-1083 (TTY)	
Massachusetts	<u>Serving Health Information Needs of Elders (SHINE)</u>	1-800-243-4636		
Michigan	<u>Medicare/Medicaid Assistance Program</u>	1-800-803-7174	1-517-886-1242	

	<u>of Michigan (MMAP)</u>			
Minnesota	<u>Minnesota SHIP/Senior LinkAge Line</u>	1-800-333-2433		
Mississippi	<u>Mississippi Insurance Counseling and Assistance Program (MICAP)</u>	1-800-948-3090	1-601-359-4929	
Missouri	<u>CLAIM Program of Missouri (SHIP)</u>	1-800-390-3330	1-573-817-8320	
Montana	<u>Senior and Long Term Care Division of Montana</u>	1-800-551-3191 In-State Calls Only	1-406-444-7870	
Nebraska	<u>Nebraska State Health Insurance Information Program (SHIIP)</u>	1-800-234-7119	1-402-471-2201	
Nevada	<u>State Health Insurance Advisory Program of Nevada</u>	1-800-307-4444	1-702-486-3478	1-702-386-8554
New Hampshire	<u>New Hampshire SHIP--ServiceLink</u>	1-866-634-9412 In-State Calls Only	1-603-225-9000	
New Jersey	<u>New Jersey Department of Health and Senior Services</u>	1-800-792-8820 In-State Calls Only	1-877-222-3737	
New Mexico	<u>Benefits Counseling Program New Mexico Aging and Long-Term Service Department</u>	1-800-432-2080 In-State Calls Only	1-505-476-4799	
New York	<u>Health Insurance Information Counseling and Assistance Program (HIICAP)</u>	1-800-701-0501		
North Carolina	<u>North Carolina Senior Health Insurance Information Program (SHIIP)</u>	1-800-443-9354 In-State Calls Only	1-919-807-6900	
North Dakota	<u>North Dakota</u>	1-888-575-	1-701-328-	

	<u>Insurance Department</u>	6611	2440	
Ohio	<u>Ohio Senior Health Insurance Information Program (OSHIIP)</u>	1-800-686-1578	1-614-644-3458 1-614-644-3745 (TTY)	
Oklahoma	<u>Oklahoma Senior Health Insurance Counseling Program (SHICP)</u>	1-800-763-2828 In-State Calls Only	1-405-521-6628	
Oregon	<u>Oregon Senior Health Insurance Benefits Assistance (SHIBA)</u>	1-800-722-4134 In-State Calls Only	1-503-378-2014 1-503-947-7280 (TTY)	
Pennsylvania	<u>APPRISE</u>	1-800-783-7067	1-717-783-8975	
Puerto Rico	<u>Puerto Rico State Health Insurance Assistance Program</u>	1-877-725-4300	1-787-721-6121	
Rhode Island	<u>Rhode Island Senior Health Insurance Program (SHIP)</u>		1-401-462-4444 1-401-462-0740 (TTY)	
South Carolina	<u>Bureau of Senior Services of South Carolina</u>	1-800-868-9095	1-803-734-9900	
South Dakota	<u>Adult Services and Aging of South Dakota</u>	1-800-536-8197	1-605-773-3656 1-605-367-5760 (TTY)	
Tennessee	<u>Tennessee Commission on Aging and Disability</u>	1-877-801-0044	1-615-532-3893 (TTY)	
Texas	<u>Department of Aging and Disabilities Services</u>	1-800-252-9240		
Utah	<u>Aging and Adult Services of Utah</u>	1-800-541-7735 In-State Calls Only	1-801-538-3910	
Vermont	<u>Area Agency on Aging of Vermont</u>	1-800-642-5119 In-State Calls Only	1-802-748-5182	
Virgin Islands	<u>State Health Insurance</u>		1-340-772-7368	

	<u>Assistance Program of Virgin Islands</u>		340.714.4354 (St. Thomas)	
Virginia	<u>Virginia Insurance Counseling and Assistance Program (VICAP)</u>	1-800-552-3402	1-804-662-9333	
Washington	<u>Statewide Health Insurance Benefits Advisors of Washington</u>	1-800-562-6900	1-360-725-7073 1-360-586-0241 (TTY)	1-800-562-6900
Washington D.C.	<u>Washington, D.C. Health Insurance Counseling Project (HICAP)</u>		1-202-739-0668 1-202-973-1079 (TTY)	1-202-739-0668
West Virginia	<u>Bureau of Senior Services of West Virginia</u>	1-877-987-4463	1-304-558-3317	
Wisconsin	<u>State Health Insurance Assistance Program of Wisconsin</u>	1-800-242-1060		1-888-701-1255
Wyoming	<u>State Health Insurance Information Program of Wyoming (SHIP)</u>	1-800-856-4398		

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